

# Respect Life Holy Hour Leader Guide

#### Leader: At 6:00 p.m. kneel and announce:

This evening we pray the Luminous Mysteries for the Unborn. Before we begin, let us pray the Litany for the Unborn. The response is: "Suffering Christ Hear Us." AND (Select 1 or 2) 1) You are welcome to lead a decade of the Rosary OR 2) Leaders for the Rosary decades have been assigned.

#### (LITANY FOR THE UNBORN)

Leader: In the name of the Father and of the Son and of the Holy Spirit. Leader: We pray to Jesus that unborn children may have the gift of life,

R: Suffering Christ hear us

Leader: We pray to Jesus that laws be passed to protect the right to life of the unborn,

R: Suffering Christ hear us

Leader: We pray to Jesus that our nation return to reverence and respect for all life,

R: Suffering Christ hear us

Leader: We pray to Jesus that God answer the prayers of those women who seek the gift of motherhood,

R: Suffering Christ hear us

Leader: We pray to Jesus that mothers who are unable to keep their babies choose the gift of adoption, and give others the chance to share the gift of love,

R: Suffering Christ hear us

**LEADER:** We pray this Rosary for the protection of all unborn children and for their mothers and fathers; for all those whose lives have been affected by an abortion, that they may find the healing and forgiveness they seek, and also for the conversion of all those who work in the abortion industry. We pray also for the leaders of our country, that they may enact laws that promote the dignity of all human life, from the moment of conception until natural

Leader: I believe in God, The Father Almighty, Creator of heaven and earth, and in Jesus Christ, His only son, Our Lord, Who was conceived by the Holy Spirit, Born of the Virgin Mary, Suffered under Pontius Pilate, was crucified, died, and was buried; He descended into Hell; on the third day He rose again from the dead; He ascended into heaven, and is seated at the right hand of God the Father Almighty; From there He will come to judge the living and the dead. R: I believe in the Holy Spirit, the Holy Catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.

Leader: Our Father, who art in heaven...

Leader: For an increase of Faith, Hope and Charity we pray: Hail Mary... (3 times)

**Leader:** Glory be to the Father, and to the Son and to the Holy Spirit. As it was in the beginning, is now and ever shall be, world without end. Amen

**Leader:** Announce the mystery and the associated reflection. Wait about 4 seconds for a worshiper to lead the decade (Our Father + 10 Hail Marys + Responses after Each Decade), otherwise take the lead for that decade. Repeat for each mystery. (Note: A leader may also be pre-assigned for each decade.)

# Leader: The 1st Luminous Mystery - Christ is baptized in the Jordan

When Jesus is baptized, the Father's voice is heard: "This is my beloved Son." All are called to become adopted sons and daughters of God through baptism. We pray that children in the womb may be protected, so that they may be born and welcomed into the Christian community by baptism.

Leader: The 2<sup>nd</sup> Luminous Mystery - Christ is made known at the Wedding of Cana

Jesus revealed His glory by the miracle at Cana. The new couple was blessed not only with wine, but with faith in Christ. Let us pray for strong marriages, rooted in the Lord, and open to the gift of new life.

Leader: The 3<sup>rd</sup> Luminous Mystery - Christ proclaims the Kingdom & Calls All to Conversion

"Repent and believe the Good News." Let us pray that these first words of Jesus' public ministry may be heard by all who have committed abortion. May they know that the Lord calls them to conversion, and may they experience lifegiving repentance.

Leader: The 4th Luminous Mystery - The Transfiguration

Christ is transformed on the mountain, and the disciples see His glory. May the eyes of all people be transformed, that they may see each and every human life as a reflection of the glory of God Himself.

Leader: The 5th Luminous Mystery - Jesus gives us the Eucharist

"This is My Body, given up for you." The Eucharist teaches us how to live and how to love. Let us pray that parents who sacrifice the babies for the sake of themselves may learn instead to put themselves aside for the sake of their babies.

### **RESPONSES AFTER EACH DECADE:**

Bold print is recited by the individual leading the decade. The overall leader may jump in if needed.

Decade Leader: Glory be to the Father, and to the Son and to the Holy Spirit, as it was in the beginning, is now and ever shall be, world without end. Amen

**0 my Jesus**, forgive us our sins, save us from the fires of hell, lead all souls to heaven, especially those who are most in need of Thy mercy.

Decade Leader: Our Lady Queen of Peace,

R: Pray for us

Decade Leader: Our Lady of Guadalupe,

R: Pray for us

Decade Leader: Jesus, Mary and Joseph

R: we love you very much. Protect and save the unborn.

#### PRAYERS AFTER THE ROSARY

Leader/All: Hail Holy Queen, Mother of Mercy. Our Life, our sweetness, and our hope, to thee do we cry, poor banished children of eve. To thee do we send up our sighs, Mourning and weeping In this valley of tears, turn then, most gracious advocate, thine eyes of mercy toward us, and after this our exile, show unto us, the blessed fruit of thy womb, Jesus.

0 clement, 0 loving, 0 sweet Virgin Mary

Leader: Pray for us, 0 holy Mother of God,

R: That we may be made worthy of the promises of Christ.

Leader: Let us pray,

All: 0 God, whose only begotten Son, by His life, death, and resurrection, has purchased for us the rewards of eternal life, grant, we beseech thee, that by meditating upon these mysteries of the most holy rosary of the Blessed Virgin Mary, that we may imitate what they contain, and obtain what they promise, through the same Christ Our Lord, Amen.

Leader: Prayers for our Holy Father Pope Francis and Bishops Olmsted & Nevares

Leader: Our Father / Hail Mary / Glory be

**Leader/All:** Remember 0 most gracious Virgin Mary that never was it known, that anyone who fled to thy protection, implored thy help, or sought thy intersession, was left unaided. Inspired by this confidence, I fly unto Thee, 0 Virgin of Virgins, my Mother! To Thee I come, before Thee I stand, sinful and sorrowful. 0 Mother of the Word incarnate! Despise not my petitions, but in thy mercy, hear and answer me. Amen.

Leader: Prayer to St. Michael

St. Michael the Archangel defend us in battle.

Be our protection against the wickedness and snares of the devil.

May God rebuke him, we humbly pray;

And do thou O Prince of the heavenly host, by the power of God,

Cast into hell, Satan and all the evil spirits,

Who prowl throughout the world, seeking the ruin of souls. Amen.

# Leader: (Announce) The Divine Mercy Chaplet

**Leader:** You expired, Jesus, but the source of life gushed forth for souls, and the ocean of mercy opened up for the whole world. 0 Fount of Life, unfathomable Divine Mercy, envelop the whole world and empty Yourself out upon us.

**Leader/All:** (Repeat three times) 0 Blood and Water, which gushed forth from the Heart of Jesus as a fount of Mercy for us, I trust in You.

Leader: Our Father...
Leader: Hail Mary...

**Leader:** (Apostle's Creed) I believe in God, The Father Almighty, Creator of heaven and earth, and in Jesus Christ, His only son, Our Lord, Who was conceived by the Holy Spirit, Born of the Virgin Mary, Suffered under Pontius Pilate, was crucified, died, and was buried; He descended into Hell; on the third day He rose again from the dead; He ascended into heaven, and is seated at the right hand of God the Father Almighty; From there He will come to judge the living and the dead. I believe in the Holy Spirit, the Holy Catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.

# On each large bead of the rosary:

Leader: Eternal Father, I offer you the Body and Blood, Soul and Divinity of Your Dearly Beloved Son, Our Lord, Jesus Christ Response: in atonement for our sins and those of the whole world.

On each of the 10 small beads of the rosary:

**Leader: For the sake of His sorrowful Passion** Response: Have mercy on us and on the

whole world.

Repeat from the top of arrow for each of the 5 rosary decades.

**Leader/All:** (After the 5th decade.) Holy God, Holy Mighty One, Holy immortal One, have mercy on us and on the whole world. (Repeat 3 times)

Leader/All: Eternal God, in whom mercy is endless and the treasury of compassion inexhaustible, look kindly upon us and increase Your mercy in us, that in difficult moments we might not despair nor become despondent, but with great confidence submit ourselves to Your holy will, which is Love and Mercy itself. Jesus I trust in You! (Repeat 3 times) Leader: St. Faustina Response: Pray for Us

In the name of the Father and of the Son and of the Holy Spirit. Amen